Capturing the joys, rituals, challenges, and celebration associated with birthdays, an anthology of classic poetry features the works of Robert Frost, e. e. cummings, Elizabeth Bishop, Bob Dylan, Rita Dove, Sylvia Plath, Ishmael Reed, Sharon Olds, Jim Carroll, Allen Ginsberg, and other notables. Original.

A New York Times Bestseller, chosen as Oprah's "Books That Help Me Through" for Oprah's Book Club "No matter where one starts reading, Devotions offers much love, from Oliver's exuberant dog poems to selections from the Pulitzer Prize-winning American Primitive, and Dream Work, one of her exceptional collections.

Perhaps more important, the luminous writing provides respite from our crazy world and demonstrates how mindfulness can define and transform a life, moment by moment, poem by poem. — "The Washington Post "It's as if the poet herself has sidled beside the reader and pointed us to the poems she considers most worthy of deep consideration."

Chicago Tribune Pulitzer Prize-winning poet Mary Oliver presents a personal selection of her best work in this definitive collection spanning more than five decades of her esteemed literary career. Throughout her celebrated career, Mary Oliver has touched countless readers with her brilliantly crafted verse, expounding on her love for the physical world and the powerful bonds between all living things. Identified as "far and away, this country's best selling poet" by Dwight Garner, she now returns with a stunning and definitive collection of her writing from the last fifty years. Carefully curated, these 200 plus poems feature Oliver's work from her very first book of poetry, No Voyage and Other Poems, published in 1963 at the age of 28, through her most recent collection, Felicity, published in 2015. This timeless volume, arranged by Oliver herself, showcases the beloved poet at her edifying best. Within these pages, she provides us with an extraordinary and invaluably observed perspective of her passionate, perceptive, and much-observed experiences of the natural world.

Faster, stronger, stronger: winning words are those that inspire you on to Olympian goals. From falling in love to overcoming adversity, celebrating a new born or learning to live with dignity: here is a book to inspire and to thrill through life's most magical moments. From William Shakespeare to Carol Ann Duffy, our most popular and beloved poets and poems are gathered in one essential collection, alongside many lesser known treasured that are waiting to be discovered. These are poems that help you to see the miraculous in the commonplace and turn the everyday into the exceptional - to discover, in Kipling's words, that yours is the Earth and everything that's in it.

A picture-book biography celebrates the accomplished poet Gwendolyn Brooks, the first Black person to win the Pulitzer Prize A 2021 Coretta Scott King Book A ward Illustrator Honor Book A 2021 Robert F. Sibert Informational Honor Book A 2021 A Association of Library Service to Children Notable Children's Book Gwendolyn Brooks (1917-2000) is known for her poems about "real life." She wrote about love, loneliness, family, and poverty— showing readers how just about anything could become a beautiful poem. Exquisite follows Gwendolyn from early girlhood into her adult life, showcasing her desire to write poetry from a very young age. This picture-book biography explores the interactions of race, poverty, and the ubiquitous poverty of the Great Depression— all with a lyrical touch worthy of the subject. Gwendolyn Brooks was the first Black person to win the Pulitzer Prize, receiving the award for poetry in 1950. And in 1958, she was named the poet laureate of Illinois. A bold artist who from a very young age dared to dream, Brooks will inspire young readers to create poetry from their own lives.

The first collection of poetry by the New York Times bestselling author of The Dark Between Stars. Love Her Wild is a collection of new and beloved poems from the poet Atticus, who has captured the hearts and minds of hundreds of thousands of avid followers on his Instagram account @atticuspoetry, including superstars like Karlie Kloss and Shay Mitchell. Dubbed the "#1 poet to follow" by Teen Vogue and "the world's most tattooable" poet by Galore magazine, in Love Her Wild, Atticus captures what is both raw and relatable about the smallest and grandest moments in life: the first glimpse of a new love in Paris, skinny dipping on a summer's night, the irrepressible exuberance of the female spirit, or drinking whiskey in the desert matching the rising sun. With honesty, poignancy, and romantic flair Atticus distills the most exhilarating highs and the heartbreaking lows of life and love into short fine lines, ensuring that his words will become etched in your mind—and will awaken your sense of adventure.

A nd all have at the very least the large, arrogant force of young genius.

T. S. Eliot's famous collection of nonsense verse about cats—the inspiration for the Andrew Lloyd Webber musical Cats, now made into a major motion picture. This edition features vibrant illustrations by Axel Scheffler.

DISCOVER THE AMAZING POWER OF POETRY TO MAKE EVEN THE MOST F**KED UP TIMES FEEL BETTER A beautiful little book of short, simple, classic and contemporary poems to dip into, to make life feel better. From Shakespeare and Shelley to Lenm Sissay and Kate Tempest, poets have always been the best at showing us we're not alone, however sh*t things might seem. Funny, reflective, romantic and life-affirming - here is an anthology of poems to remind you to keep on looking up at the stars: From that first moment of power moments to empowering you to do something about this sh*t and ultimately realizing that life is still beautiful after all. Rediscover old favourites and find some new treasures - you might be surprised just how much poetry can help. For fans of The Poetry Pharmacy, The Reading Cure and The Emergency Poet.

M. Aya A'ngelo's unforgettable collection of poetry lends its name to the documentary film about her life, A and Still I Rise, as seen on PBS's America's Masters. Pretty woman wonder where my secret lies. I'm not cute or built to suit a fashion mode's size But when I start to tell them, They think I'm telling lies. I say, it's in the reach of my arms, The span of my hips, The stride of my step, The curl of my lips. I'm a woman Phenomenally. Phenomenal woman, That's me. Thus begins "Phenomenal Woman," just one of the beloved poems collected here in M. Aya A'ngelo's third book of verse. These poems are powerful, distinctive, and fresh— and, as always, full of the lifting rhythms and love-revering, and And Still I Rise is written from the heart, a celebration of life as only M. Aya A'ngelo has discovered it. "It is true poetry she is writing," M. F. K. Fisher has observed. "not just rhythm, the beat, rhymes. I find it very moving and at times beautiful. It has an innate purity about it, unquenchable dignity. . . . It is astounding, flabbergasting, to recognize it, in all the words I read every day and night . . . It gives me heart, to hear so clearly the caged bird singing and to understand her notes."

Faster, higher, stronger: winning words are those that inspire you on to Olympian goals. From falling in love to overcoming adversity, celebrating a new born or learning to live with dignity: here is a book to inspire and to thrill through life's most magical moments. From William Shakespeare to Carol Ann Duffy, our most popular and beloved poets and poems are gathered in one essential collection, alongside many lesser known treasured that are waiting to be discovered. These are poems that help you to see the miraculous in the commonplace and turn the everyday into the exceptional - to discover, in Kipling's words, that yours is the Earth and everything that's in it.
We were created to love, prosper and be happy but not without trials and tribulations that make us who we are. The paths we choose and the life we live can change in an instant be it from the loss of a love one to your job or your children. Please know that there is a light inside all of us, but it can't shine without our permission.

Blessing others through words of encouragement and good deeds will help that light shine so others can see it. This book is the light within me that I pray will help you embrace your gift and more important share it with others. It is about life, death and encouragement for the young and old put in a format that captivates you and make you think. I know the more I bless others the more God blesses me. Some of the proceeds from this book will go towards my nonprofit scholarship fund which is an inner city baseball program for young men between the ages of 13-18. For the past four years all the high school seniors in Long Bari go on to further their education at two and four year institutes and we want to be able to give them a scholarship to help with their college education. There are 123 young men in the program and each year that number increases. I want to be a blessing to these young men and with your help I will be able to bless them. Thank you for your support. Pa-

Sometimes it's hard to keep looking up at the stars when the gutter we're in seems so full of shit. But isn't that why we need poetry? Oscar Wilde wrote some of his best poetry when he was in prison for 'the love that dare not speak its name.' Nelson Mandela held fast to his 'unconquerable soul' on Robben Island with the help of the words of poetry. I want to leave to the world that the words of poetry are about our life and can help us through this world we live in. It is time to be reminded of what matters.

The Oxford Handbook of Andrew Marvell is the most comprehensive and informative collection of essays ever assembled dealing with the life and writings of the poet and politician Andrew Marvell (1621-78). Like his friend and colleague John Milton, Marvell is now seen as a dominant figure in the literary landscape of the mid-seventeenth century, producing a stunning oeuvre of poetry and prose either side of the Restoration. In the 1640s and 1650s he was the author of hypercanonical lyrics like 'To His Coy Mistress' and 'The Garden' as well as three epoch-defining poems about Oliver Cromwell. After 1660 he virtually invented the verse genre of state and politician Andrew Marvell (1621-78). Like his friend and colleague John Milton, Marvell is now seen as a dominant figure in the literary landscape of the mid-seventeenth century, producing a stunning oeuvre of poetry and prose either side of the Restoration. In the 1640s and 1650s he was the author of hypercanonical lyrics like 'To His Coy Mistress' and 'The Garden' as well as three epoch-defining poems about Oliver Cromwell. After 1660 he virtually invented the verse genre of state

The beloved classic poem by Max Ehrmann: "Be gentle with yourself. You are a child of the universe no less than the trees and the stars. You have a right to be here."

These poems are a snapshot of twenty-five years of poetry in the making. My words have given form to a living, breathing diary of one man's life. Come take my hand and travel with me through moments of disparity, passion, and joy in my first collection of poetry titled In Perpetuity. Like a beautiful painting left behind in a museum; I give you my words. Forever leaving you, a piece of me.

A riveting and powerful story of an unforving time, an unlikely friendship and an indestructible love

'Ve come to see certain things as certain things, the way we have always seen them. And the only words we have ever had in our vocabulary to express them are the ones we've always had. But it's not like this. 'M'celovous balm for the soul, fire for the belly, a cooling compress for this fevered boul.'

Heal and make you think. I know the more I bless others the more God blesses me. Some of the proceeds from this book will go towards my nonprofit scholarship fund which is an inner city baseball program for young men between the ages of 13-18. For the past four years all the high school seniors in Long Bari go on to further their education at two and four year institutes and we want to be able to give them a scholarship to help with their college education. There are 123 young men in the program and each year that number increases. I want to be a blessing to these young men and with your help I will be able to bless them. Thank you for your support. Pa-

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A riveting and powerful story of an unforving time, an unlikely friendship and an indestructible love
Remember, you are a child of God, and God will take care of you. Kathleen Godwin is passionate about inspiring others to share joy, love, hope, faith, peace, and kindness not just with themselves, but also with others. In a debut collection of poetry, Godwin leads believers on a lyrical spiritual journey inspired by her faith in her Savior, Jesus Christ. She draws on all the rich rhythms of a daily life, exploring the contours of our daily lives, including the truths of time as we journey toward our life's destinies, the importance of simplicity and of loving our neighbors as ourselves, and how we can all become Jesus's reporters carrying out a divine mission to share the good news with everyone who crosses our path. Inspirational Poems and Encouragement for Everyone Shares verse that reminds believers to sing praises to God and use their talents to build His kingdom on a foundation of love, joy, hope, faith, peace, and kindness.

"On January 20, 2021, Amanda Gorman became the sixth and youngest poet, at age twenty-two, to deliver a poetry reading at a presidential inauguration. Her inaugural poem, 'The Hill We Climb,' is now available to cherish in this special edition"

Newly available in hardcover, this 20th anniversary edition of a Caldecott Honor classic includes the star power of John Updike and Trina Schart Hyman. Celebrate the little moments that each make month special in this beautiful picture book featuring twelve poems about a family and the turn of the seasons. From the short, frozen days of January, through the light of summer, to the first snowflakes of December, Updike's poems rejoice in the familiar, wondrous qualities that make each part of the year unique. Hyman's award-winning paintings—modeled after her own daughter, son-in-law and grandchildren—depict an interstellar family going about the business of their lives throughout the year: sledding in January, watching fireworks in July, and playing in the autumn leaves. Bold and colorful, they're filled with the intricate detail for which her art is famous— including cameo appearances by the artist and her partner, Jean Aulin. Featuring a redesigned cover, the 20th Anniversary Edition of this inclusive Caldecott Honor book is a beautiful read-aloud to treasure throughout the year, with family and friends.

Celebrating the 25th anniversary of an original poetry day collection, Tell Me the Truth about Life is an indispensable anthology which invites us all to contemplate the power poetry has to capture our unspoken truths. This book is an anthology of my past 2 years of poem writing. It includes some of my well known poems as well as those that are lesser known, all from my website thepoeticunderground.tumblr.com.

'A matchless compound of hug, tonic and kiss' Stephen Fry on William Sieghart's bestselling Poetry Pharmacy The Poetry Pharmacy is one of the bestselling (and most giftable) poetry anthologies of recent decades. Now, after huge demand for more prescriptions from readers and 'patients' alike, William Sieghart is back. This time, tried-and-true classics from his in-person pharmacies are joined by readers' favourite poems and the new conditions most requested by the public - all accompanied by his trademark meditations (warm, witty and understanding, with just a twist of the challenging) on the spiritual ailments he seeks to cure. From ageing bodies and existential crises to long-distance relationships, this new collection of his pharmacy down the universal: this is the universe of family life, and of living as a person among others, receive a much closer look. Perfect for the treasured friends, barely tolerated siblings, beloved aunts and revered grandpas in your life.

Visyonal author Oriah Mountain Dreamer brings to life the wisdom of her beloved invitation, which has touched everywhere with its fresh and spiritual call to live life more deeply, honestly, and well. Like the inspirations for Robert Fulghum's 'All I Really Need to Know I Learned in Kindergarten, Cerie Carter-Scott's If Life Is a Game, These Are the Rules, and Margoar Fishback's Powerprint, the poem that sparked the Invitation has been embraced around the world, passed along by thousands who have discovered and treasured its message. In this lovely poetry book the author speaks from the heart, reflecting on everything from desire to betrayal and offering practical - and often surprising - suggestions for how to live the expectancy of everyday life, learn to recognize true beauty in ourselves and the world around us, and how to find the sustenance that our spirits longs for. The poem Invitation has been recalimed and quoted at countless spiritual conferences, and on network radio by Robert Bly, Jack Kornfeld, Angeles Ariein, and many other spiritual leaders. From the Invitation: It doesn't interest me what you do for me. I want you. I want to know if you will risk looking like a fool for love, for your dream, for the adventure of being alive? This wide-ranging collection of inspirational poetry and prose offers readers solace, perspective, and the courage to persevere. In times of personal hardship or collective anxiety, words have the power to provide comfort, meaning, and hope. The past year has seen a resurgence of poetry and inspiring quotes—posted on social media, appearing on bestseller lists, shared from friend to friend. Honoring this communal spirit, How Lovely the Ruins is a timeless collection of both classic and contemporary poetry and short prose that can be a help in difficult times— selections that offer solace and purpose, and that allow us to step out of our current moment to gain a new perspective on the world around us as well as the world within. The poets and writers featured in this book represent the diversity of our country as well as voices beyond our borders, including M ya A ngelo, W. H. A uden, David Smith, Rumi, Emily Dickinson, Naomi Shihab Nye, Alice Walker, Adam Zagajewski, Langston Hughes, Wendell Berry, Anna Akhmatova, Yehuda A michai, and Robert Frost. And the book opens with a stunning foreword by Elizabeth Alexander, whose poem "Praise Song for the Day," delivered at the inauguration of President Barack Obama, ushered in an era of optimism. In works celebrating our capacity for compassion, our longing for community, our right to protest, and our ability to persevere, How Lovely the Ruins is a beacon that illuminates our shared humanity, allowing us connection in a fractured world. Includes poetry, prose, and quotations from: Elizabeth Alexander • Marcus Aurelius • Karen Armstrong • M attthew A rnold • E llen Bass • Brian Bilston • G wendylin Brooks • Elizabeth Barrett Browning • Octavia E. Butler • Regie Cabico • Dinos Christianopoulos • Lucille Clifton • Ta-Nehisi Coates • Leonard Cohen • Wendy Cope • E. Cumes • Charles Dickens • Mark Doty • Thomas Edison • Albert Einstein • Ralph Ellison • Kenneth Fearong • Annie Finch • Jennifer Fox • Stephen Fry • Nikki Giovanni • Shalom Harlap • Thich Nhat Hanh • Joy Harjo • V aclav Havel • Terrance Hayes • William Ernest Henley • Jan Felipe Herrera • Jane Hirshfield • John Holmes • A. E. Housman • B ohumil Hrabal • Robinson Jeffers • Georgia Douglas Johnson • James Weldon Johnson • Paul K alanithi • Robert F. Kennedy • Omar Khayyam • Emma Lazarus • Li Young Lee • Denise Levertov • Ai A mi • Henry Wadsworth Longfellow • Nelson Mandela • M a sha • Khaleed M alas • Maryam Ayad • Claude McKay • Edna St. V incent Millay • Pablo Neruda • Alats N s • Olga Orozo • Ovid • Pier Paolo Pasolini • Edgar Allan Poe • Claudia Rankine • A drienRich • R aincer M aria R ilk • A lberto Rios • Edwin A rlington Robinson • Eleanor Roosevelt • Christina Rossetti • M uriel Rukeyser • Sadghun • Carl Sandburg • V ikram Seth • Charles Simic • Safiya Sinclair • E liffie W aller Smith • Maggie Smith • T racy K. Smith • Leonora Speyer • Gloria Steinem • Clark Strand • W isawA Szymborska • Rabindranath Tagore • Sara Teasdale • A ffre • Lord Tennyson • Vincent van Gogh • Ocean Vuong • Florence Brooks Whitehouse • W at Whitman • Ella Wheeler Wilcox • William Carlos Williams • V irginia W olfl • W.B. Yeats • Saadi Y oussel • Javier Zamora • Howard Zinn

We've all been there-angry with ourselves for overeating, for our lack of willpower, for failing at yet another diet that was supposed to be the last one. But the problem is not you, it's that dieting, with its emphasis on rules and regulations, has stopped you from listening to your body. Written by two prominent nutritionists, Intuitive Eating focuses on nurturing your body rather than starving it; encourages natural weight loss, and helps you find the weight you were meant to be. *How to reject diets forever* *How our three Eating Personalities define our eating difficulties* *How to feel your feelings without using food* *How to honor hunger and feel fullness* *How to follow the ten principles of Intuitive Eating, step-by-step* *How to achieve a new and safe relationship with food and, ultimately, your body* With "A matchless compound of hug, tonic and kiss" Stephen Fry on William Sieghart's bestselling Poetry Pharmacy, "The Poetry Pharmacy Returns" caters to all-new conditions while drilling further down into the universal: this is the universe of family life, and of living as a person among others, receive a much closer look. Perfect for the treasured friends, barely tolerated siblings, beloved aunts and revered grandpas in your life.

Blending a contemporary poetry collection that examines the themes of femininity and self-discovery, as well as the beauty of love and healing through ation. Divided into three chapters titled, seeding, growing, and blooming, the book is a metaphor for the deep feelings that grow from tiny seeds and blossom into beautiful flowers. These poems were written for blooming and gentle hearts, meant to inspire and encourage. Enjoy this poetry treasure and let yourself bloom. *The paperback contains black-and-white illustrations.

NOW AVAILABLE AS AN EBOOK! Shel Silverstein, the New York Times bestselling author of The Giving Tree, A Light in the Attic, Falling Up, and Everything On It, has created a poetry collection that is outrageously funny and deeply profound. Come in for where the sidewalk ends, Shel Silverstein's world begins. You'll meet a boy who turns into a tv set, and a girl who eats a whale. The Unicorn and the Bloat live there, and so does Sarah Cynthia Sylvia Stout who will not take the garbage out. It is a place where you wash your shadow and plant diamond gardens, a place where flies fly, sisters are auctioned off, and crocodiles go to the dentist, Silverstein's masterful collection of poems and drawings stretches the bounds of imagination and will be cherished by readers of all ages. This is a collection that belongs on everyone's bookshelf. M ake a great gift for special occasions such as holidays, birthdays, and graduation. And don't miss The Giving Tree by Shel Silverstein, also available as an ebook!